

14. Counseling and Family

Updated 10/17/04

Family Counseling & Assistance

Family Services of Westchester (FSW)

One Gateway Plaza, 4th Floor
Port Chester, NY 10573

Phone: (914) 937-2320

<http://www.fsw.org/>

Description: FSW offers a broad range of social and mental health services to strengthen and support families and individuals facing a variety of individual, interpersonal or social problems. Programs include: [Adoption & Children's Services](#), [Employee Assistance Program \(EAP\)](#), [Family Loan](#), [Family Mental Health](#), [Family Preservation](#), [Family Self Sufficiency](#), [Latino Connections](#), and [Parenting Again](#). Services are offered at many locations within the County. Call for details about services and service locations.

Center for Family Life

582 Columbus Avenue
Thornwood, NY 10594

Phone: (914) 749-3900

Description: Center for Family Life oversees the operations of Catholic psychiatrists and psychologists who offer free and/or low cost family and marriage counseling.

Westchester Jewish Community Services

845 N. Broadway, Suite 2
White Plains, NY 10603

Phone: (914) 761 0600

<http://www.wjcs.com/page21.html>

Eligibility: Anyone who lives or works in Westchester.

Fees: Sliding fee scale; Medicaid, Medicare, insurance accepted.

Description: Comprehensive services, including: Sexual Abuse Counseling and Treatment, Sex Offender Program, AIDS Mental Health

Counseling, Emergency Cash Relief, Counseling for People with Developmental Disabilities, Domestic Violence, Gay and Lesbian Services, Family Solutions, Learning Disabilities, Psychological Services, Treatment Center for Trauma & Abuse, drug, alcohol or gambling addictions.

The Family and Corrections Network¹

www.fcnetwork.org/faq.html

Helps to direct persons with some of the following questions: "How can I learn more about children of incarcerated parents?" "How can I find a program serving families of offenders at a particular location?" "How can I get legal information?" "Is there financial aid for ex-convicts?" "How can I locate an inmate in state prison or federal prison?" and "If I have a loved one who is locked up and I feel isolated, who can I talk with that can understand?"

The Counseling Center

180 Pondfield Road
Bronxville, NY 10708

Phone: (914) 793-3388

www.counselingcenter.org

Eligibility: Serves southern Westchester

Fees: Sliding Scale, Medicare, insurance accepted.

Description: Counseling for families, divorce, careers, and life cycles. Offering educational programs and workshops.

Batterers Education

Workshop for Anti-Violence Education (WAVE)

2269 Saw Mill River Road, Building 1A
Elmsford, NY 10523

Phone: 914-345-5900, extension 240

e-mail to help@mhawestchester.org.

<http://www.mhawestchester.org/violence/wave.asp>

¹ "Connections," A guide for ex-inmates to information sources in New York City, by Correctional Library Services, The New York Public Library, New York City.

Survivors of Sexual Abuse²

Eligibility: WAVE accepts men concerned with battering who are not mandated; many who also apply to the program are mandated by the courts, probation, District Attorney's Office or other monitoring agencies.

Fees: The fee is \$35 for the intake appointment and \$30 for each weekly group meeting. Individuals unemployed or receiving public assistance can be eligible for a reduced fee.

Description: WAVE is a series of group meetings in which educational material is presented and group discussions are co-led by a male and female facilitator. The leaders incorporate videos, written assignments, participants' experiences and discussion to cover the material. English- and Spanish-speaking groups meet during the daytime and evening. Each group meets for 90 minutes every week. Individuals participating in WAVE attend for a minimum of 48 sessions (approximately one year).

Men's Workshops Men's Domestic Violence Program of Putnam County

2 Church Street
Carmel, NY 10512
Phone: (845) 225-9491

Eligibility: Men 18 years and older.

Fees: A \$50.00 initial charge and a weekly fee of \$25.00 per participant. For those who cannot afford the fee special arrangements can be negotiated.

Description: A supportive atmosphere where men learn about social causes, the cultural conditioning, and their own personal history which encourages their violent behavior. The program consists of six months of weekly meetings where groups of men struggling with violence get together to discuss abusive behaviors. The roots of domestic violence, its negative consequences for the family, its illegality, ways of avoiding violent situations and what help is available is discussed. Additional community help, at the end of six months, is offered in the form of an on-going group.

Safer society Press

PO Box 340
Brandon, VT 05733
Phone: 802 247 3132

Practical advice on jailhouse rape on tape and in an accompanying manual. The tapes, which are available in English and in Spanish, are entitled "An Ounce of Prevention" and "Becoming a Survivor." Among the issues discussed in the manual are: institutional legal responsibilities, AIDS, a description of male Rape Trauma Syndrome, a bibliography, a resource list, key court decisions, and excerpts from institutional policy statements on the use of condoms. The tapes present speakers from a variety of ethnic and racial backgrounds giving sound advice, and are addressed chiefly to prisoners. The overall message is supportive in confirming that commonly held myths about rape, manhood and homosexuality have no basis in fact, and that survivors can go on to heal their wounds and lead perfectly normal lives. The full kit costs \$30 plus shipping and handling and can be ordered from the above address. Tapes can be sent c/o chaplains and psychologists, if prisoners are not allowed to receive tapes directly.

Stop Prison Rape

6303 Wilshire Blvd. Suite 204
Los Angeles, CA 90048
Phone: 323 653 7867

www.spr.org

A non-profit organization dedicated to educating the public around the issues of prison rape, and helping survivors of prison rape, both female and male. The organization has free brochures available to prisoners, as well as resource lists of literature and tapes on a variety of issues, including the rights of rape victims, legal aspects of prison sexual abuse, and practical advice for those incarcerated.

² "Connections," A guide for ex-inmates to information sources in New York City, by Correctional Library Services, The New York Public Library, New York City.

Family Justice Bureau³

* * *

Forty-five sworn officers of the Westchester County Probation Department serve in the Family Justice Bureau. The functions they perform support the three New York State Family Court sites (White Plains, Yonkers and New Rochelle) in Westchester. The officers provide a very broad array of services for the Family Court and the citizens of this county.

For more information on ex-offender Counseling, see Chapter 4, *General Service Organizations*.

Seek Probation help if:

- You need to file for an Order of Protection in regard to a Family Offense
- You are having a problem with the behavior of your adolescent child
- You need the Family Courts help with a Custody or Visitation matter
- You need to file a modification of a support order
- You need to enforce a child support order

Must I see a Probation Officer to gain access to the Family Court?

Yes. In order to gain entry to Family Court one must file a petition. Probation Officers conduct both adult and juvenile Intake for the Family Court and prepare adult petitions for the court. Matters involving Juvenile Delinquency and PINS behaviors are provided Diversion Adjustment Services whenever suitable. When necessary, Probation Officers prepare PINS petitions for the Family Court. Juvenile Delinquency matters requiring a petition to the Family Court are prepared by the Office of the County Attorney. In Westchester, Intake Services are located in White Plains, New Rochelle and Yonkers.

White Plains -Family Court Division 112 East Post Road 2nd Floor White Plains, NY 10601-5113 Phone: 914 995-4762	New Rochelle Family Bureau 420 North Avenue, NY 10801 Phone: 914 813-5500	Yonkers Family Bureau 53 South Broadway Yonkers, NY 1070 Phone: 914 231-2900
---	--	---

³ <http://www.westchestergov.com/probation/>