

13. Addictions

Updated 10/17/04

Westchester Program Overview: ¹

New York State estimates that there are over 80,000 individuals in need of alcohol/substance abuse treatment in Westchester County. Services are offered in inpatient, outpatient and residential programs licensed by the New York State Office of Alcoholism and Substance Abuse Services. In Westchester County counseling and treatment services are available in over 70 programs operated by 25 not-for-profit agencies.

Many agencies offer treatment services in Spanish and other languages. Most programs offer evening hours. Treatment availability is not based on ability to pay - sliding fee scales are available in determining client fees.

Westchester-Transitional In-Prison Treatments ²

High Impact Incarceration Program

PO Box 389

Valhalla, NY 10595

Telephone: (914) 231-1563

Description: High Impact Incarceration Program engages parole violators detained at the Westchester County Department of Correction (awaiting their hearings) in substance abuse treatment, and facilitates their early release to the Archway Treatment Program of St. John's Riverside Hospital for intensive outpatient treatment. The NYS Division of Parole is the approving authority for admission to the program.

¹ Westchester drug abuse website

<http://www.westchestergov.com/MentalHealth/>

² Westchester County Department of Corrections, Directory of Inmate Services, July 12, 2004

Solutions

[an on-site DOC program run by]

St. John's Riverside Hospital

2 Park Ave.

Yonkers, NY 10703

Telephone: (914) 231-1412

Description: Solutions is a chemical dependency treatment program for men & women. Program participants are sentenced inmates with at least sixty days of programming time available. The program offers a half day of chemical dependency treatment along with a half day BOCES education program. The evening program includes NA/AA. Participants who successfully graduate from the program continue receiving treatment after release. Solutions tracks graduates for a period of 1-year post-release.

Post-Prison Drug/Alcohol Addiction Services

Rehabilitation Center

Salvation Army

745 South Third Avenue

Mount Vernon, NY 10550

Phone: (914) 664-0800

Eligibility: Men over age 18.

Fees: Free

Description: Meet the basic needs including shelter, food and clothing. Individual counseling, groups, educational opportunities, job training and work therapy; residential alcoholism and drug abuse program.

NYS Office of Alcoholism and Substance Abuse Services

Phone: 800 522 5353

www.oasas.state.ny.us/pio/needhlp.htm

For information and referral to a substance abuse treatment program in your neighborhood, call the above. Spanish also spoken. Their website has an online Provider Directory by which you can find the name, address, and phone number of facilities (outpatient, residential, methadone, etc. by County throughout the state.

Lexington Center for Recovery
24 Smith Street
Mount Kisco, NY 10549
Phone: 914 666-6740
www.lexingtonctr.org

Families First 503 S. Broadway, Suite 230 Yonkers, NY 10705 Tel: 914.423.6570	Generations Shelter –Plus Care 7-11 Legion Drive Valhalla, NY 10595 Tel 914.761.4245	Generations-Yonkers 70 Ashburton Ave Yonkers, NY 10701 Tel: 914.966.0227
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Eligibility: All affected by alcoholism and other drug dependencies.

Fees: Sliding scale, Medicaid, insurance accepted.

Descriptions:

Families First: Preserving family stability for chronic substance abusing families.

Generations: Treating chemically dependent women and their families, including their children.

Shelter Plus Care: Permanent housing and case management to formerly homeless families with at least one adult who is chemically dependent.

Drug Abuse Resources

Narcotics Anonymous

Greater New York Regional Service Office
 154 Christopher Street Suite 1A
 New York, NY 10014

Phone: 212-929-6262 for time and place of meetings.

<http://www.newyorkna.net/>

Eligibility: Recovering drug addicts

Fees: Free

Description: Groups for recovering addicts that meet regularly in Mt. Vernon, Yonkers, White Plains, Tarrytown, Port Chester, Peekskill, Yorktown Heights, New Rochelle, Briarcliff Manor, Katonah, Ossining, and other parts of Westchester.

Drug Abuse Hot Lines

Telephone: 800-522-5353

Description: New York State (OASAS) Drug Abuse Information Line offers information and referral, detox facilities, in-patient and out-patient therapeutic communities, Mon.-Fri., 8:00 am-10:00 pm.

Telephone: 212-COCAINE (262-2463)

Description: A self help service for addicts, includes meeting lists (at Ossining, New Rochelle and Yonkers), special events, and call backs.

OUTPATIENT DRUG FREE SERVICES

Daytop Village - Administrative Office

54 West 40th Street
 New York, New York 10018

Phone: (212) 354-6000

<http://www.daytop.com/>

Daytop Outreach Unit

246 North Central Avenue
 Hartsdale, New York 10530

Phone: (914) 949-6640

www.daytop.org

Services: Counseling by utilizing the "Therapeutic Community" concept. Parent groups. Emphasis on family involvement. Day care and outpatient services, focusing on adolescents and young adults.

Fresh Start to Recovery

105 Stevens Avenue, Suite 609
 Mt. Vernon, New York 10550

Phone: (914) 664-0062

Fees: Sliding scale and Medicaid; private insurance

Services: Substance-abuse, family services, teens substance-abuse. Outpatient, individual counseling and group therapy.

Innovative Health Systems

7 Holland Avenue
 White Plains, New York 10603

Phone: (914) 683-8050

Eigibility: Admission criteria regarding substance abuse.

Fees: Sliding scale, insurance, Medicaid.

Services: Parolees and probationers specialized outpatient alcohol and other drug abuse or dependency treatment. Resolving issues of re-entry into family and community, preventing a return to chemical use, illegal activities and other anti-social acting out.

Renaissance Project, Inc.

250 Clearbrook Road
Elmsford, New York 10523

Phone: (914) 345-1312

<http://www.renaissance-project.org/>

Fees: Sliding scale, Medicaid, insurance, DSS congregate care

Services: Residential therapeutic program; educational/vocational programs; counseling and support groups.

Renaissance Outpatient Sites:

3 South 6 th Avenue, Mount Vernon, N.Y. 10550 (914) 666-3923	10 Brook Street, Yonkers, NY 10701 (914) 968-3272
350 North Avenue, New Rochelle, New York 10801 (914) 235-8048	23 Mulford Gardens, Yonkers, New York 10701 (914) 965-3960
132 Pearl Street Port Chester, N.Y. 10573 (914) 939-2700	42 Warburton Avenue, Yonkers, New York 10701 (914) 423-4466

Services: Outpatient counseling by professional and paraprofessional staff. Educational and vocational training. Outreach. Friends & Parents Organization.

**St. Joseph's Hospital Outpatient
Chemical Dependency Treatment Program**

317 South Broadway
Yonkers, New York 10705

Phone: (914) 378-7965

Fees: Sliding scale, Medicaid, insurance.

Services: Individual, group, family counseling by professional staff to substance abusers and their family, with a 12 step recovery philosophy. Vocational/education assessment and referral.

St. Vincent's Westchester

275 North Street
Harrison, NY 10528

Phone: (914) 967-6500

Website: www.svcmc.org

Fees: Sliding fee scale

Description: Bilingual, culturally sensitive services. A comprehensive range of mental health and chemical dependency services for children, adolescents, adults and their families, through an array of inpatient and outpatient services.

Phoenix Academy at Yorktown

PO Box 458
Shrub Oak, NY 10588

Phone: (914) 962-2491

<http://www.phoenixhouse.org/>

Fees: Sliding Scale. Dept. Social Services

Services, Residential drug treatment for adults and adolescents, 12-18 months, cognitive development. For Teens we provide day school and after school programs, plus treatment at nine residential high schools.

For **Adults** we provide residential and outpatient programs, plus access to healthcare, job training and housing assistance.

Westchester Community Opportunity Program

Please see Chapter 4, *General Service Organizations*.

New York City Drug Abuse Resources

Odyssey House Corporate Office

95 Pine Street, 17th Floor
New York, NY 10005

Phone: (212) 361-1600

www.odysseyhouseinc.org

Fees: No one is turned away because of an inability to pay.

Description: Treatments to a broad array of drug abusers. Today, through various programs, we provide comprehensive services for young mothers with children, teenagers, the mentally ill, people with HIV/AIDS, the homeless, senior citizens, and court-mandated clients.

Odyssey House Admissions 219 East 121st Street New York, NY 10035 (212) 987-5100	Adolescent Treatment Odyssey House Teen Leadership Cr 309-311 6th Street New York, NY 10003 (212) 780-1515
Adult Treatment Services Odyssey House Manor Facility 219 East 121st Street New York, NY 10035 (212) 987-5120	Odyssey House ElderCare Program 219 East 121st Street New York, NY 10035 (212) 987-5120
Family Centers Services Odyssey House Manor Family Ctr 219 East 121st Street New York, NY 10035 (212) 987-5120	Odyssey House MABON Bldg. #13 Wards Island, NY 10035 (212) 426-6695
Housing Shelter + Care & Family Re-Entry 970 Prospect Avenue Bronx, NY 10459 (718) 378-4520	Mental Health Services Odyssey Behavioral Health Care Residence 246 East 121st Street New York, NY 10035 (212) 987-5151

Alcohol Abuse Resources

Alcoholics Anonymous

NY Intergroup Office:

307 Seventh Ave. - Room 201
New York, NY 10001

Telephone: (212)-647-1680
(914) 949-1200

website www.nyintergroup.org

General Services Office:

475 Riverside Drive
New York, NY 10115

Telephone: 212-870-3400

For meeting times and places, **Phone:** (914)-949-1200.

Eligibility: Anyone with alcohol dependency. .

Fees: Free

Description: Self-help program offers support of recovering alcoholics to others with alcohol dependency.

Al-Anon

P.O. Box 868

White Plains, NY 10602-0868

Phone: 914-946-1748

<http://www.al-anonny.com/locations.htm>

<http://www.westchester-putnam-al-anon.org>

Eligibility: Anyone affected by another person's drinking.

Fees: Free

Description: Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic. Referrals to local groups which offer mutual support and assistance to families and friends of alcoholics. Self-help groups meet throughout Westchester County.

ALCOHOLISM OUTPATIENT CLINIC TREATMENT ³

Outpatient alcoholism services, emergency treatment, screening, psychiatric diagnosis and evaluation, outreach, individual and group counseling, individual and group therapy, family therapy, AA counseling

³ <http://www.westchestergov.com/mentalhealth/>

and meetings, consultation and education. Clinic is the ideal entry point into alcohol abuse treatment network. Case management services included. Services for alcoholics, Children of Alcoholics and other family members are available. Most clinics can offer special services for adolescents, elderly, handicapped and other groups with special needs. Also available are day and evening intensive services as well as after school intensive services for adolescents.

Yonkers General Hospital Chem. Dependency Crisis Cntr. 2 Park Avenue Yonkers, N.Y. 10703 Phone: (914) 964-7472 or (914) 964-7435	Generations II Clinic and Rehab 70 Ashburton Avenue Yonkers, New York 10704 Phone: (914) 966-0227 Note: Intensive 5 day a week services for pregnant and recently delivered women and their infants.
CHOICES at Four Winds 800 Cross River Road Katonah, NY 10536 Phone: 1-800-FOR-CHOICES (914) - 763-8151 (Hospital)	The Maxwell Institute of St. Vincent's Westchester 92 Yonkers Avenue Tuckahoe, New York 10707 Phone: (914) 337-6033
Innovative Health Systems 7 Holland Avenue White Plains, New York 10603 Phone: (914) 683-8050	New York Presbyterian Hospital: New York Weill Cornell Center 21 Bloomingdale Road White Plains, N.Y. 10605 Phone: (914) 997-4303
The Lexington Center for Recovery 24 Smith Avenue Mount Kisco, New York 10549 Phone: (914) 666-6740	New York/United Hospital Alcoholism Outpatient Services (Clinic, Day Rehab) 420 North Avenue New Rochelle, New York 10801 Phone: (914) 235-6633
Generations Clinic and Day Rehab 7-11 Legion Drive Valhalla, NY 10595 Phone: (914) 761-4245	Peekskill Area Health Center - Pathways 1037 Main Street Peekskill, New York 10566 Phone: (914) 739-8105
Phelps Memorial Hospital ATS 22 Rockledge Avenue Ossining, NY 10562 Phone: (914) 941-9022	Yonkers General Hospital - Archway Clinic and Day Rehab 20 East First Street Mount Vernon, NY 10550 Phone: (914) 668-1450 & 1451

Phelps Memorial Hospital- Threshold Alcoholism Clinic 38 Beekman Avenue North Tarrytown, NY 10591 Phone: (914) 631-3133	Yonkers General Hospital - Greenburgh Clinic and Day Rehab 30 Manhattan Avenue Greenburgh, New York 10607 Phone: (914) 683-5311
St. Vincent's Hospital Westchester Division Alcoholism Clinic and Day Rehab 275 North Street Harrison, New York 10528 Phone: (914) 925-5261	West Help Greenburgh 1 West Help Drive White Plains, New York 10601 Phone: (914) 592-7911
Treatment Center of Westchester 10 Mitchell Place White Plains, New York 10601 Phone: (914) 949-3601	Family Assessment Center 290 Tarrytown Road Elmsford, New York Phone: (914) 592-7911
FDR Veteran's Administration VAT 70 Program Building 28 Montrose, New York 10548 Phone: (914) 737-4400 ext. 251 Outpatient services for veterans	Yonkers General Hospital - New Focus Clinic and Day Rehab 70 Ashburton Avenue Yonkers, New York 10704 Phone: (914) 423-7413
Coachman 123 East Post Road White Plains, New York 10601 Phone: (914) 949-1000	

Gambling Addiction

GAM-ANON

New York City and Northern Suburbs

Hotline - 877-664-2469

<http://www.gam-anon.org/gamanon/index.htm>

Eligibility: Family and friends of compulsive gamblers.

Fees: Free

Description: Answering service can provide information about locations of support groups for family members and friends of compulsive gamblers.

Smoking Addiction

NYS Smokers Quitline

Phone: 866 697 8487

www.nysmokefree.com

A new interactive website allows you to see how smoking can shorten your life span. Provides pre-recorded tapes on how to quit smoking, access to counselors, and free materials on request.

Sexual Addiction

Sexual Compulsive Anonymous

SCA Intergroup of NY

PO Box 1753, Old Chelsea Station

New York, NY 10113

Phone: 212 439 1123

www.sca-recovery.org

The primary purpose is to help achieve sexual sobriety. We are not here to repress our God-given sexuality, but to learn how to express it in ways that will not make unreasonable demands on our time and energy, place us in legal jeopardy -- or endanger our mental, physical or spiritual health. A 12-step fellowship, inclusive of all sexual orientations, open to anyone with a desire to recover from sexual compulsion. There are no requirements for admission to the meetings. Meetings in Spanish held as well.

See also Chapter 14, *Counseling and Family*, and Chapter 15, *Women Especially*.