

12. Mental Health

Updated 10/30/04

Westchester In-Prison Mental-Health Help ¹

Mental Health Alternative to Incarceration Program

150 Grand Street
White Plains, NY 10601

Telephone: (914) 995 5239

Description: MHATI is a case management program that provides individual service coordination to people with mental illness who have been arrested and sentenced by the court to participate in treatment services. The participant designs a service plan with the guidance of the MHATI case manager to ensure compliance with court requirements. MHATI assists the individual in accessing services and monitors the individual's compliance with treatment. The treatment plan may include but is not limited to participation in mental health treatment, educational and vocational services, alcohol and drug treatment services, and housing or recreation programs.

Department of Community Mental Health Transitional Management Services

150 Grand Street 6th FL.,
White Plains, New York 10601

Telephone: 995-5239

Description: Transitional Management Services provides outreach and case management services to people with serious mental illness as they return to the community from correctional facilities. Program staff work in conjunction with the mental health staff at the Westchester County Department of Correction to develop a service plan that establishes a

connection to specific mental health providers in the community. The Transitional Management Services Staff coordinates mental health services with local criminal justices agencies as appropriate. Program staff are responsible to insure that each inmate completes the application process for all benefits and entitlements for which he/she is qualified.

Treatment Alternative to Safer Communities

150 Grand Street
White Plains, NY 10601

Telephone: 995-6198

Description: The Treatment Alternatives for Safer Communities (TASC), a program operated by the Westchester County Department of Community Mental Health, currently serves all 43-court jurisdictions in the County. TASC identifies, screens and refers for treatment, jail-bound individuals entering the criminal justice system who have drug, alcohol, or mental health problems. TASC monitors clients in treatment and reports progress to the court, selectively offering Alternatives to Incarceration recommendations for inmates motivated to participate in a treatment program.

Post Release Mental Health Services

Westchester County Mental Health Clinics ²

The Westchester County Department of Community Mental Health operates four outpatient mental health clinics located through the county. These Community Service Centers provide individual, group and family therapy; crisis intervention; assessment; referral and educational presentations. Children's mental health services are available at the Community Service Centers located in Mount Vernon and Mount Kisco.

¹ Westchester County Department of Corrections, Directory of Inmate Services, July 12, 2004

² Westchester Mental Health Clinics website
<http://www.westchestergov.com/MentalHealth/>

Peekskill Community Services Center 750 Washington Street, Peekskill, NY 10566 (914) 862-5132	Yonkers Community Service Center 53 South Broadway, Yonkers, NY 10701 (914) 231-2925
Mount Vernon Community Service Center 100 East First Street, Mount Vernon, NY 10550 (914) 813-6220	Mount Kisco Community Service Center 25 Moore Avenue, Mount Kisco, NY 10549 (914) 864-7101

The Guidance Center
 Office: 70 Grand Street
 New Rochelle, NY 10801
Phone: 636-4440
<http://www.theguidancecenter.org/>

Fees: According to fee schedule

Description: Assistance in dealing with daily life stresses related to antisocial behaviors, domestic violence, depression, substance abuse, crisis intervention and other mental health issues. Includes children and family services, psychiatric rehabilitation services and vocational services.

Grand Street Clinic (children and adolescents) 70 Grand Street New Rochelle, NY 10801 Phone: 636-4440	STEP/New Beginnings/Clubs 547 North Avenue New Rochelle, NY 10801 Phone: 576-1172 ext. 17
Larchmont-Mamaroneck Clinic 930 Mamaroneck Ave. Mamaroneck, NY 10543 Phone: 381-6110, ext. 106	Residential/Vocational Services 277 North Ave. New Rochelle, NY 10801 Phone: (914) 632-7600, ext. 211
Lincoln Avenue Clinic 95 Lincoln Avenue New Rochelle, NY 10801 Phone: 632-6757	

Chem. Dependency Treatment 26 Sickles Ave. New Rochelle, NY 10801 Phone: 632-1374	Recovery/Training in Community Living 277 North Avenue New Rochelle, NY 10801 Phone: 632-7600, ext. 260
---	---

Westchester ARC - Family Outreach Project
 121 Westmoreland Avenue, 6th Floor
 White Plains, NY 10606
Phone: (914)949-9300 ext. 3140

<http://www.westchesterarc.org/services/services.htm>

Fees: Free

Description: A team of parents and professionals who work with families with a member who is mentally retarded or has developmental disabilities. Project staff work with the family to assess and identify their needs for services, and then connect families to service providers that can make a difference in their lives. The Family Outreach Project also provides families with funds to purchase goods or items when they have no other sources to assist them.

Mental Health Association of Westchester
 2269 Saw Mill River Road, Buildings 1A and 4C
 Elmsford, NY 10523
Phone: 914 345-0700

<http://www.mhawestchester.org/>

Fees: Sliding scale, Medicaid, Medicare, Insurance

Description: Mental health problems/diagnosis, treatment, support, rehabilitation, mentoring, housing for adults with mental illness, employment services.

Jobs Plus 29 Sterling Avenue White Plains, NY 10606 Phone: 914 949 7035	Counseling Center 344 Main Street Mount Kisco, NY 10549 Phone: 914 666-4646
--	--

Westchester Jewish Community Services (WJCS)
Family Mental Health Clinics
 845 North Broadway Suite 2
 White Plains NY 10603
Phone: 914 761-0600, ext. 211
<http://www.wjcs.com/page47.html>

Family Services of Westchester (FSW)
Family Mental Health Services
 One Gateway Plaza, 4th Floor
 Port Chester, NY 10573
Phone: (914) 937-2320
http://www.fsw.org/family_mental_health.htm

WJCS Family Mental Health Clinics

Hartsdale (SP) 141 N. Central Ave. Phone: 914 949-7699 ext. 373	Mamaroneck 875 Mamaroneck Av. Phone: 914 381-5560	Mount Vernon (SP) 6 Gramatan Ave. Phone: 914 668-8938 ext. 304
New Rochelle 466 Main Street Phone: 632-6433	Peekskill 50 Dayton Lane Phone: 914 736-7657	N.E. Yonkers (SP) 474 Tuckahoe Rd. Phone: 914 793-3565
Yorktown Heights 2000 Maple Hill St. Phone: 914 962-5593		Central Yonkers 503 South Broadway Phone: 914 423-433 ext. 13

Eligibility: No eligibility requirements
Fees: sliding Scale, Medicaid, Medicare, insurance accepted.
Description: Behavioral health services are provided to people of all ages, socio-economic and demographic backgrounds. A medical director and professional staff of adult and child psychiatrists, psychologists, social workers and educational therapists work as a team to ensure coordinated consumer care. Child, individual, family and group psychotherapy is offered. Supervised medication evaluation and management is available.

Other FSW Mental Health Clinics:

Mount Kisco 344 Main Street, Suite 303 Phone: 914 666-8075	Mount Vernon 9 West Prospect Avenue, Suite 309 Phone: 914 668-9124	Yonkers 70 Ashburton Avenue Phone: 914 964-6767
White Plains One Summit Avenue Phone: 914 948-8004	Tarrytown 303 South Broadway, Suite 106 Phone: 914 631-2022	Pelham 507 Fifth Avenue Phone: 914 738-1728

Eligibility: No eligibility requirements.
Fees: Sliding Scale, Medicare, Medicaid, insurance accepted.
Description: Individual, family, marital, and group treatments. Psychiatric evaluations, psychological testing, mental health with AIDS, and elder-care.

Keon Center
 PO Box 147
 Montrose, NY 10548
Phone: 914 737-6980
www.keoncenter.org

Eligibility: Developmentally disabled adults.
Fees: Free.
Description: Vocational assessment/counseling/development, family support services, benefits assistance, and residence habilitation.

Search For Change
 95 Church Street # 200
 White Plains, NY 10601
Phone: 914 428-5600
www.searchforchange.com/

Eligibility: Those diagnosed with mental illness.

Fees: Sliding Scale, VSID, Medicaid, SSI, SSD accepted.

Description: The opportunity to obtain affordable housing, to secure gainful employment, and to reconnect with loved ones is made possible through programs and services offered by Search for Change. In Congregate Treatment and Apartment Treatment programs participants are assisted in developing their own personal recovery goals and treatment plans, based on the principals of psychiatric rehabilitation and the Agency's belief in recovery. QUIP model offered in White Plains, NY provides clients with the latest computer and office technology and assists them in acquiring the skills needed to be competitive in today's office environment.

Other Mental Health Sources

www.nimh.nih.gov/publicat/index.cfm

The latest information about the symptoms, diagnoses and treatment of various mental illnesses. Included are brochures, reports, press releases, and fact sheets. Topics include: Medications and Mental Disorders, Anxiety Disorders, Bipolar Disorder, Depression, Schizophrenia, Phobias, and Children and Violence.

* * *

See also Chapter 14, *Counseling and Families*.