

11. Health

Updated 10/30/04

Westchester County Health Resources ¹

In case of a medical emergency, call 911, or go to the emergency room of your nearest hospital. For information and referrals to hospitals, neighborhood health centers or other Health Department Clinics, first call the Westchester County Health Department Central Office below.

Health services in specific areas are available at Westchester County Clinic Locations listed below:

Westchester County Health Department Central Office

145 Huguenot Street, 7th and 8th Floors
New Rochelle, New York 10801

Phone: (914) 813-5000

Services: AIDS Council; Breast Health Services; Childhood Lead Poisoning Prevention; Community Partnerships; Complaint Bureau; Disease Control; Early Intervention Program; Flu and Pneumococcal Vaccine Clinics; Food Service Establishment Program; Hazardous Materials Response; Health Education and Information; Housing; Lyme Disease; Lyme Disease Hotline; Mammograms; Men's Health Issues; Nutrition Services; Perinatal Outreach and Education Program; Physically Handicapped Children's Program; Rabies Hotline; Rabies Prevention and Treatment; Radiological Health; Services for Children with Disabilities; Water Quality; Water Supply; WIC Program.

New Rochelle Health Dept. District Office

420 North Avenue,
New Rochelle, New York 10801

Phone: (914) 813-5525

Services: Breast Health Program, HIV Counseling & Testing; DSS/PCA Nursing Services; Immunization Clinic; Lead Poisoning Testing; Sexually Transmitted Disease Clinic; Tuberculosis/Chest Clinic.

White Plains Health Dept. District Office

134 Court Street
White Plains, New York 10601

Phone: (914) 995-5800

Services: Breast Health Program; HIV Counseling & Testing; Home Health Nursing Services; Immunization Clinic; Sexually Transmitted Disease Clinic; Tuberculosis/Chest Clinic; Lead Poisoning Testing; Family Planning Clinic; Dental Clinic.

Yonkers Health Dept. District Office

20 South Broadway, 2nd and 4th Floors
Yonkers, New York 10701

Phone: (914) 231-2500 - Clinics

Phone: (914) 231-2510 – WIC

Services: Breast Health Program; Dental Clinic; Healthy Beginnings Program; HIV Counseling & Testing; Home Health Nursing Services; Immunization Clinic; Sexually Transmitted Disease Clinic; Tuberculosis/Chest Clinic; WIC Program; Family Planning Clinic; Lead Poisoning Testing.

Mt. Kisco Health Dept. District Office

118 North Bedford Road, Suite 100,
Mt. Kisco, New York 10549

Phone: (914) 864-7335 (Clinic)

Services: Home Health Nursing Services

¹ Westchester Health Clinics website

<http://www.westchestergov.com/health/locations.htm>

Free or Low Cost Health Insurance ²

What Is Provided?

New York State Medical Assistance is comprised of the following five programs:

- Medicaid
- Child Health Plus
- Family Health Plus
- Prenatal Care Assistance Program
- Family Planning Benefit Program
- EPIC (Elderly Pharmaceutical Insurance Coverage) Program

For information on any of these insurance programs, first call the:

Westchester Department of Social Services ³

112 East Post Rd
White Plains, NY 10601
Phone: (914) 995-5000

or call one of the **DSS District Offices**

Mount Vernon Center 100 East First Street Mount Vernon, NY 10550-3442 (914) 813-6000	White Plains Center 85 Court Street White Plains, NY 10601-4201 (914) 995-5840
Peekskill Center 750 Washington Street Peekskill, NY 10566-5499 (914) 862-5000	Yonkers Center 137 Alexander Street Yonkers, NY 10701-2539 (914) 231-2000

² Excerpts from presentation by Marjorie Cadogan, Executive Director, Mayor's Office of Health Insurance Access, May 18, 2004 at the Stony Point Interfaith Center.

³ Westchester DSS website <http://www.westchestergov.com/social/>

Two Health Plus Programs ⁴

http://www.westchestergov.com/health/Health_Insurance.htm

Family Health Plus

Who can join? A person must be:

- a New York State resident
- between the ages of 19 and 64
- without health insurance
- a U.S. citizen or fall under one of many immigration categories
- income eligible

What benefits can I get?

- Physician services
- Inpatient and outpatient hospital care
- Prescription drugs and smoking cessation products
- Lab tests and x-rays
- Vision, speech and hearing services
- Rehabilitative services (some limits apply)
- Emergency room and emergency ambulance services
- Drug, alcohol and mental health treatment (some limits apply)
- Diabetic supplies and equipment
- Radiation therapy, chemotherapy and hemodialysis
- Dental services (if offered by the health plan)

Child Health Plus

Who can join? To be eligible for either Child Health Plus A or B, children must be under the age of 19 and be residents of New York State. Whether a child qualifies for Child Health Plus A or Child Health Plus B depends on gross family income.

What benefits can I get?

- Well child care
- Physical exams
- Immunizations
- Diagnosis and treatment of illness and injury

⁴ Westchester Dept. of Health Insurance website
http://www.westchestergov.com/health/Health_Insurance.htm

- X-rays and lab tests
- Outpatient surgery
- Emergency care
- Prescription and non-prescription drugs if ordered
- Inpatient hospital care
- Limited inpatient and outpatient treatment for alcoholism, substance abuse, and mental health
- Dental care
- Vision, speech, hearing services
- Durable medical equipment

Identification And Other Verification Which May Be Required

- Social Security cards or numbers for all household members
- All income for all household members
- Benefits you receive, such as Social Security, Veteran's benefits, SSI
- Current rent or mortgage receipt
- Your bank book if you have a checking or savings account
- Current utility bills (electric, gas, water, telephone)
- Tuition expenses
- Invalid (sick person) care expenses
- Child care expenses
- Proof of medical expenses you may have incurred in the three months prior to your application
- Immigration status if you are a legal alien

See further at <http://www.health.state.ny.us/nysdoh/chplus/index.htm>

EPIC (Elderly Pharmaceutical Insurance Coverage) Program ⁵

Phone: (800) 332-3742 (Helpline)

www.health.state.ny.us/nysdoh/epic/faq.htm

⁵ EPIC website www.health.state.ny.us/nysdoh/epic/faq.htm

Description: EPIC is a New York State sponsored prescription plan for senior citizens who need help paying for their prescriptions. Seniors with moderate incomes pay a low quarterly fee, and participate in the Fee Plan. Seniors with higher incomes meet an annual deductible, and participate in the Deductible Plan. Participants make a co-payment at the pharmacy when purchasing prescriptions.

Westchester Rx

5999 South Park Ave. #248

Hamburg, NY 14075

Phone: 800 771-9196

<http://www.westchesterrx.com/overview.html>

Fees: annual fee is \$15 per individual and \$26 per family.

Description: A discount drug card program that allows members to get affordable prescription drugs through a national network of participating pharmacies. WestchesterRx negotiates discounted rates and passes those savings on to you.

Immigrant Eligibility to Health Insurance ⁶

- In New York State, immigrants in the following categories are eligible for Medicaid, Child Health Plus A, Family Health Plus, and Family Planning Benefit Program:
 - U.S. Citizens,
 - Qualified Immigrants (known to the Immigration Dept.) and
 - Those in a special public benefits eligibility category called Permanently Residing Under Color of Law (PRUCOL).
- New York State residents, regardless of their immigration status, are eligible for Child Health Plus B, Prenatal Care Assistance Program, Family Planning Extension Program, Emergency Medicaid, and sliding-fee scale at the public hospitals and clinics. For each program, other eligibility criteria, including the income requirement must be met.
- For further immigrant information, call the New York State Immigration Hotline at 1-800-566-7636.

⁶ New York Immigration Coalition Guide to Immigrant Eligibility for Health coverage in NYS (06/13/03)

Westchester Community Hospitals⁷

Community Hospital at Dobbs Ferry Dobbs Ferry, NY (914) 693-0700 www.webaxis.com/Dobbs	Franklin Delano Roosevelt Veteran Affairs Hospital Montrose, NY (914) 737-4400	Hudson Valley Hospital Center Cortlandt Manor, NY (914) 737-9000 www.hvhc.org
Lawrence Hospital Bronxville, NY (914) 787-1000 www.lawrencehealth.org	Mt. Vernon Hospital Mount Vernon, NY (914) 664-8000	Northern Westchester Hospital Center Mount Kisco, NY (914) 666-1200 www.nwhc.net
Phelps Memorial Hospital Center Sleepy Hollow, NY (914) 366-3000 www.phelpshospital.org	St. Agnes Hospital White Plains, NY (914) 681-4500 www.stagneshospital.org	St. Joseph's Hospital Yonkers, NY (914) 378-7000 www.saintjosephs.org
Sound Shore Medical Center of Westchester New Rochelle, NY (914) 632-5000 www.ssmc.org	United Hospital Medical Center Port Chester, NY (914) 934-3000 www.uhmc.com	Westchester Medical Center Valhalla, NY (914) 493-700 www.wcmc.com
White Plains Hospital Center White Plains, NY (914) 681-0600 www.wphospital.org	Yonkers General Hospital Yonkers, NY (914) 964-7300 www.riversidehealth.org	

⁷ <http://www.westchestergov.com/womenshealth/HC3.htm>

In-Prison HIV / AIDS Help ⁸

Family Service of Westchester

29 North Hamilton Street
 Poughkeepsie, NY 12601

Telephone: (845) 452 1110

Description: Transitional planning provides HIV infected inmates with a written plan of action related to the inmate's medical, social and psycho-social needs when they return to the community. The discharge plan developed includes referral sources and linkages to housing, drug assistance plans (ADAP), partner notification, AA/NA groups, case management and mental health counseling.

Urban League of Westchester

61 Mitchell Place
 White Plains, NY 10601

Telephone: (914) 231-1561

Description: The HIV Jail Transitional and Community Follow-up Program provides HIV-positive individuals with a discharge plan that addresses health, social services and counseling needs upon their return to the community. Discharge planners will assist with scheduling health and social actions needed for a smooth transition from incarceration to reintegration into society. They will also provide HIV prevention education and test referrals for the high risk population.

Westchester HIV / AIDS Resources

AIDS - HIV Counseling and Testing Program

New York State Department of Health

Administrative Office:

145 Huguenot St. - 4th Floor

New Rochelle, NY 10801

Hot Line and Appointments: 800-828-0064

⁸ Westchester County Department of Corrections, Directory of Inmate Services, July 12, 2004

Eligibility: No requirements

Fees: Free

Description: Offering free, anonymous HIV counseling and testing. Offering "rapid testing" – results in 30 minutes. Multiple clinic sites throughout the lower Hudson Valley

AIDS Related Community Services

40 Saw Mill River Rd.
Hawthorne, NY 10532

Phone: 345-8888

<http://www.arcs.org/>

Fees: Most services are free.

Description: Case management, client advocacy, emergency assistance, education, outreach, and prevention for adults, children, and families, as well as the general community.

HIV Rapid Test Sites ⁹

http://www.westchestergov.com/health/HIV_RapidTestSites.htm

<p>Westchester County Department of Health Yonkers District Office 20 South Broadway, 2nd floor Yonkers, NY 10710 Tuesdays 1 PM - 4 PM Free, Confidential and Anonymous testing offered. Contact number: (914) 813-5256</p>	<p>Open Door Family Medical Center, Inc. 165 Main Street Ossining, NY 10562 Mon. thru Fri. 9:30 AM to 5:30 PM Free, Confidential testing offered. Contact number: (914) 941-1263</p>
<p>New York State Department of Health 420 North Avenue New Rochelle, NY 10801 Monday & Friday 9:30 AM - 3:30 PM Free, Confidential and Anonymous testing offered. Contact number: 1-800-828-0064</p>	<p>Open Door Family Medical Center, Inc. 90 South Ridge Street Rye Brook, NY 10573 Mon. thru Fri. 9:30 AM to 5:30 PM Free, Confidential testing offered. Contact number: (914) 937-8899</p>

⁹ Westchester Dept. of Health HIV Test website
http://www.westchestergov.com/health/HIV_RapidTestSites.htm

<p>St. John's Riverside Hospital Park Care Pavilion 2 Park Avenue Yonkers, NY 10703 Mon. thru Thurs. 10 AM to 2 PM Free, Confidential testing offered. Contact number: (914) 964-7412</p>	<p>Hudson River Community Health (beginning July 1, 2004) 1037 Main Street Peekskill, NY 10566 Mon. thru Thurs. 9:30 AM to 4 PM Free, Confidential testing offered. Contact number: (914) 734-8760</p>
<p>The Mount Vernon Hospital Family Health and Wellness Center 12 North Seventh Avenue Mount Vernon, NY 10550 Mon. thru Fri. 9:30 AM to 4 PM Free, Confidential testing offered. Contact number: (914) 664-8000 ext.2624</p>	

Other Health and HIV / AIDS Resources ¹⁰

www.wcms.org/public/components/search/physician/defaultII.asp?reqLevel
Guide To Physicians. Provides names and addresses of physicians meeting type and location requests.

www.healthfinder.gov

A government sponsored site with links to more than 1400 health sites. Topics include: AIDS, alternative medicine, Medicare, mental health, children's health, and disease prevention.

www.noah-health.org/index.html

Bilingual. Includes information on health topics, such as cancer, AIDS, tuberculosis, mental health, diabetes, asthma, and alternative medicine.

www.cdc.gov/ncidod/diseases/hepatitis/c/faq.htm

Frequently asked questions about viral Hepatitis C, including basic information, how it is spread, pregnancy and breast feeding, and treatment. Or call 888 4HEPCDC

¹⁰ "Connections," A guide for ex-inmates to information sources in New York City, by Correctional Library Services, The New York Public Library, New York City.

<http://www.projinf.org>

Latest reliable information on AIDS research and treatment.

<http://www.treathiv.com>

English and Spanish. Overview of new treatment options for persons with HIV and AIDS. call toll free: 1 800 TREAT-HIV.

<http://www.aidsnyc.org/network>

Includes: directory of clinical trials, fact sheets, treatment review, latest news items, glossary of drugs, alternative treatments, and links to HIV/AIDS information on the Web.

<http://www.thebody.com/index.shtml>

The Body: An AIDS and HIV Information Resource Information on women diagnosed with AIDS, treatment, specific opportunistic infections, treatment for pregnancy, and other resources.

www.metrokc.gov/health/apu/workbook/toc.htm

A practical guide for people with HIV. The workbook contains chapters on coming to terms with HIV, medical issues, relationships, pregnancy and parenting, legal issues and getting good services.